



**Ratisbona Open &
DM Sprint 2017
Regensburg**

Ratisbona Open

3-day-competition

29.April – 1.May 2017

The OLG Regensburg invites you to the

second *Ratisbona Open* 3-days-orienteering-event in Regensburg.

This years competition is centered around the UNESCO world heritage city of Regensburg. The region of Regensburg offers you a splendid variety of orienteering terrains from the upper Bavarian forest with its spruce and fir trees and the unique granite formation (middle distance) to the beautiful historic city center for fast and fun individual and relay sprint competitions to the Jurassic areas with beautiful beach tree and mixed tree forests with limestone formations (long distance). The *Ratisbona Open* competition is embedded in a three day national event including the German Sprint championships and two national ranking events.



1. Day: Middle distance

The 3 days competition starts on Saturday afternoon with a middle distance race in Hetzenbach about 30km north-east of Regensburg. This area (Lindenholz) has been mapped for the first time for competitions. It represents a typical terrain of the upper Bavarian forest, switching between open forest areas filled with numerous granite rock formations and some areas of dense young forest with low runnability. There is a dense network of path available. The numerous rock formations in this forest promise a technically challenging race. A real pleasure for orienteers.



2. Day: Sprint day (individual race and sprint relay)

On Sunday morning we start with the German sprint championship in the heart of the historic city of Regensburg. In the early afternoon, we will offer an additional sprint relay competition open for all runners. Fast running tracks through the narrow labyrinthine streets will require maximal attention.

The Sunday ends with the award ceremony for the winners of the German Sprint Championship in the "RT-Halle".



3. Day: Long distance

The final highlight on Monday takes place on the map "Penker Tal in Nittendorf, around 15km west of Regensburg. We now move into the area of the Bavarian Jura hills. The terrain is characterized by a deep valley, extensive beach tree forest, typical Jurassic limestone formations and in some parts with very low runnability due to densely growing young beach trees. We will end this day with the award ceremony for the winners of the 3 day Ratisbona Open competition.

We are looking forward to welcome you in Regensburg and wish you a pleasant and exciting orienteering and holiday event.

Orientieren Laufen Genießen mit der OLG Regensburg

